

ON TRACK AGAIN AA Meeting Format

If the chairperson doesn't want to pick a topic, please give the "literature bag" to someone and ask them to choose a topic if one is needed.

Good evening and welcome to the On Track Again meeting of Alcoholics Anonymous. My name is _____ and I am an alcoholic. Before we begin would everyone please silence their cell phones? Thank you.

After a moment of silent meditation to reflect on our reasons for being here, would you please join me in the Serenity Prayer:

***God grant me the serenity
To accept the things I cannot change,
Courage to change the things can, and
Wisdom to know the difference.***

I have asked _____ to read ***The AA Preamble.***

I have asked _____ to read ***How It Works.***

I have asked _____ to read ***The Twelve Traditions.***

I have asked _____ to read ***The Promises.***

Is there anyone here tonight for their first, second or third meeting of Alcoholics Anonymous? If so, would you please introduce yourself by your first name only? This is not meant to embarrass you, but so we may get to know you.

Are there any visitors from outside the Pierce County area or anyone who would like to acknowledge their home group?

If you would like to volunteer to chair an upcoming meeting, be a coffee maker, or bring the cake for birthday night, please sign up on the calendar. Birthday night is the last Wednesday of the month.

Our group business meeting is held on the Wednesday after the monthly GSR meeting. The next business meeting will be on _____ ***(look on calendar).*** All are welcome to attend.

Are there any other AA related announcements?

/*
/* *If this is NOT the LAST Wednesday of the month:* */
/*

Are there any AA birthdays tonight or in the past week?

/*
/* *If this IS the LAST Wednesday of the month:* */
/*

Are there any AA birthdays for the month of _____ ? (*Hand out AA chips and birthday cards at this time.*)

While we pass the basket in observance of the 7th Tradition, let's go around the room and introduce ourselves.

If necessary, please limit your sharing so that everyone who wants to share has an opportunity and please avoid any crosstalk.

Does anyone have an alcohol related topic or step they would like to discuss?

If no one suggests a topic, then either the chairperson should choose a topic OR call on the person who was given the literature bag:

I have asked _____ to pick a topic from the AA literature bag.

At closing time – or if everyone has shared:

Before we close the meeting, does anyone have anything else they would like to share?

At the end of discussion:

Will all who care to please join me in the Responsibility Statement:

***I am responsible, when anyone, anywhere reaches out for help,
I want the hand of A.A. always to be there. And for that: I am
responsible.***